

10,000 Steps Community Grant Outcomes



QLD Walks - Tarragindi Tournament

Grant Objectives:

- To encourage physical activity in and around Tarragindi.
- To encourage participation in organised walks and to monitor their daily steps.
- To educate residents about the steps/minutes to reach Tarragindi destinations.



Community Team
Tournament

Grant Outcomes:

- A 6 week Time Out Tournament in Tarragindi.
- A launch held at Wellers Hill State School with speeches from the Yeerongpilly Member of Parliament, a local GP and a local Physiotherapist.
- A total of 20 teams signed up for the Tournament.
- Weekly walks were held and were well attended, which included a photo clue hunt for children.
- Weekly promotion on the Tarragindi 10,000 Steps Facebook page.



Let's walk Tarragindi

Discover Tarragindi on foot with your family.

Launch: 9am September 3rd
Location: Wellers Hill State School
Go in the prize draw – collect your stamps on the launch day walk.

Tarragindi 10,000 Steps is your chance to get to know your suburb as you get some physical activity. Learn about the history of Tarragindi with Annerley-Stephens History group. You won't believe our suburb's history. Each week there will be a photo clue treasure hunt on a new walking route. See how far your team can go in 6 weeks!

To find out more or to register your team go to www.queenslandwalks.org.au

Get your team together for the 6 week walking Tournament.

10,000 Steps is funded by the Queensland Government.
www.10000steps.org.au

QUEENSLAND WALKS 10,000 STEPS

“Reached almost 80% of the households in Tarragindi.”
“16 prizes, worth \$700, were donated from local businesses.”



Discover
more



Queensland
Government